

Laura's Awesome Taco Soup

Ingredients

- 1 lb. lean ground beef
- 1 medium chopped onion
- 1 (16 oz) can undrained chili beans
- 1 (15 oz) can undrained kidney beans
- 1 (15 oz) can undrained whole kernel corn
- 1 (8 oz) can tomato sauce
- 1 cup water
- 2 (14 1/2 oz) cans undrained diced tomatoes (I used the ones with the chopped chili peppers)
- 1 (4 oz) can drained diced green chilies
- 1 (1 1/2 oz) package taco seasoning

Directions

- Heat a medium nonstick skillet on medium.
- Cook beef and onion 7 minutes or until beef is no longer pink and onion is softened; drain.
- Place mixture in 4 qt or larger slow cooker along with all beans, corn, tomato sauce, water, tomatoes, chilies and taco mix. Mix to blend.
- Cover and cook on low 8 hours.

Makes 14 cups.